

# The Valley Bar

## Bar Food Menu

### Starters

**Bruchetta €5.50**

Crusty Bread served with Ham, Tomatoes,  
Olive Oil and melted Mozzarella Cheese.

**Prawn Cocktail €6.50**

Prawns bound in a Marie Rose Sauce  
On a Bed of Lettuce and a Lemon Twist.

**Classic Caesar Salad €6.50**

Lettuce, Bacon Bits and Garlic Croutons Bound in an Anchovy Dressing finished  
with Parmesan Shavings

**With Grilled Chicken €7.50**

**Combi Platter €6.95**

Selection of Barbecued Chicken Wings,  
Mini Vegetable Spring Rolls and Chicken Strips  
Served with 2 dips

### Soups

**Homemade Cream Soup of the Day € 4.50**

Served with Soda Bread or a Roll.

**Dingle bay Seafood Chowder €6.50**

With a Smoked Salmon Canapé

# Main Courses

## **Crock of Cromane Mussels €8.50**

Lightly steamed with a White Wine Scallion  
And Cream Broth

## **Valley Burger €9.50**

Prime Homemade 6oz Burger  
With Crispy Bacon, Tomato, Lettuce and Melted Cheese  
Coleslaw and Fries.

## **Steak Sandwich €12.50**

4oz Prime Irish Sirloin Steak on a Toasted Pannini  
With Sautéed Mushrooms and Onions, Coleslaw and Fries.

## **Tagliatelle Pasta €12.00**

Pasta with Wild Mushrooms and Baby Spinach  
In a Chive Cream Sauce with Parmesan Cheese

Seafood Option also available €13.50.

## **Traditional Fish and Chips €12.50**

Deep Fried in a Crisp Beer Batter with Mushy Peas and Tartar Sauce and Fries.

## **8oz Sirloin Steak € 19.50**

Served with Mushrooms & Onions  
And a Choice of Garlic Butter or Pepper Sauce.  
(Please allow 20 mins cooking time)

## **Chefs Daily Special €10.00**

Please see Blackboard or ask your waiter

**All main course dishes include a choice of Market Fresh Vegetables and Potato  
or Seasonal Salad and French Fries**

**All our Products are guaranteed Irish, locally supplied and traceable from  
source**

## **Extra Portions**

**French Fries**  
**Side Vegetables**  
**Mash Potatoes**  
**Seasonal Salad**      **€2.50**

# **Sandwiches**

**Selection of Fresh cut Sandwiches  
On White or Granary €4.50**

**Honey Baked Ham  
Chicken  
Tuna and Sweetcorn  
Cheddar Cheese  
Fresh Salad**

**Valley Combo €7.95**  
Soup and any Sandwich listed above.

**Toasted Sandwich €5.50**  
With a selection of your choice of the above

## **Speciality Sandwiches**

**Tuna Melt €7.50**  
Tuna, Sweetcorn and Cheddar Cheese  
Grilled with Coleslaw and Fries

**Valley Toasted Special €7.50**  
Honey Baked Ham, Plump Tomato, Onion and  
Cheddar Cheese served with Coleslaw and Fries.

# **Dessert**

**€4.50**

**Please Check the Blackboards  
For the selection of Desserts**

# **Kids Menu**

## **Main Course**

**Bangers and Mash €6.50**

**Homemade Burger €6.50**

**Homemade Chicken Goujons €6.50**

**Fish & Chips €6.50**

**All Kids specials are served with a choice of Chips or Mashed Potato**

**Baked Beans on request**

## **Dessert**

**Kids Ice Cream €3.50**

**Kids Apple Crumble €3.50**